

## Phase 1: Having a precise Target-Condition



Coach: What is your target condition for this process?

## *Improver:*

A. My target condition is to improve the Kata Jet process.

- B. The challenge is to reach a hit rate of 100% within 6 months. At first we aim for a hit rate of just 40%. That is already difficult enough as we can not change the distance to the target and the 500 Euro budget is really too small for achieving this.
- C. My target condition is to stabilize the flight distance at 200cm  $\pm$  20cm and to reduce the cross deviation so that we hit the center with a maximum deviation to the sides of  $\pm$  20cm.