

Phase 2: Understanding Actual-Condition



Coach: *What is the actual-condition now?*

Improver:

A. We don't hit the target precisely enough.

B. The hit rate is at 20%, but with this material quality that is the best possible.

C. During the last run only one throw was a hit, therefore we have to move the lower clips further to the back.

Questions for the Coach:

- 1) What is the problem with each of these answers?*
- 2) What should the "perfect" answer contain?*
- 3) How would you react as a coach in this situation?*