

Phase 2: Checking the Expectation

Obstacle: Variation in throwing height leads to a variation in throwing distance.

Last step: Observation of the process and measurement of throwing height for each attempt.

Expectation: We know the variation of the throwing height and its relation with the throwing distance.



Coach: ...and what did you learn from taking the last step?

Improver:

A. I know what the obstacles are.

B. I know now, why it is not working. We should change the way the team members hold the jet.

C. I have observed that the clips at the wings are different in size and have to be changed.

Questions for the Coach:

1) What is the problem with each of these answers?

2) What should the "perfect" answer contain?

3) How would you react as a coach in this situation?