

Phase 3: Choosing one obstacle to address.

Please copy the obstacles to your obstacle storage before starting this exercise.

Coach: Which obstacles are preventing you from reaching the target condition?

Improver: The launching height varies, the throwing force varies and the launching angle varies as well. Many mistakes occur when we employ students for a holiday job during the summer break. Additionally we have a bad hit rate after the annual maintenance.



Coach: Which one are you addressing now?

Improver:

- A. I don't know, maybe the high number of mistakes with students during their summer job.
- B. The bad hit rate after the annual maintenance.
- C. I'm not quite sure.

Questions for the Coach:

- 1) What is the problem with each of these answers?
- 2) What should the "perfect" answer contain?
- 3) How would you react as a coach in this situation?