

# Phase 3: Identifying obstacles precisely



**Coach:** Which obstacles are preventing you from reaching the target condition?

**Improver:**

A. We don't hit the target precisely enough.

B. The flying distance is wrong.

C. I don't know.

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**Questions for the Coach:**

- 1) What is the problem with each of these answers?
- 2) What should the "perfect" answer contain?
- 3) How would you react as a coach in this situation?